18th Annual
TRIA Orthopaedic &
Sports Medicine
Conference

June 5-6, 2015
TRIA Orthopaedic Center &
Hilton Minneapolis / Bloomington
3900 American Blvd W.
Bloomington, Minnesota

For more information, visit
tria.com/institute or send an
email to institute@tria.com.
PROGRAM SESSIONS

Friday, June 5, 2015

6:45  Registration & Breakfast
7:30  Welcome

7:40  SESSION 1: FOOT/ANKLE INJURIES
High Ankle Sprains  Robert Anderson, MD
Achilles Tears and Return to Sport  Fernando Peña, MD
Microinstability  Jordi Vega, MD
Turf Toe and Forefoot Injuries  Robert Anderson, MD

8:55  SESSION 2: KNEE
ACL Reconstruction: Decisions in the Competitive Athlete  Matthew Matava, MD
ACL Rehabilitation  Terri Chmielewski, PT, PhD, SCS
Revision ACL  Matthew Matava, MD
MCL & Other Ligament Injuries  Patrick McKenzie, MD

10:05  Break & Vendors

10:30  SESSION 3: MUSCLE/TENDON
Use of PRP, Stem Cells, & Autologous Injections  Robert Johnson, MD
Managing the Pain  Peter Stiles, MD
Hamstring & Quad Injuries  Patrick McKenzie, MD
Rehab of Hamstring Injuries  Timothy Tyler, MS, PT, ATC

11:45  SESSION 4: HAND/WRIST/ELBOW
Hand Fractures  Thomas Varecka, MD
Wrist Fractures  Jeffrey Husband, MD

12:45  Vendors
13:05  Lunch & Keynote  John Wood - Sr. VP, Mortenson Construction

13:45  SESSION 5: SHOULDER
Anterior Instability with Bone Loss  Jed (John) Kuhn, MD
AC Joint Injuries  Edward Craig, MD, MPH
Posterior Shoulder Instability  Bradley Nelson, MD
Pec Ruptures  Jed (John) Kuhn, MD

15:05  Break & Vendors

15:25  SESSION 6: PRIMARY CARE
Mono and Viral Illnesses  Margot Putukian, MD
Dermatology Concerns in Football Players  Charles Crutchfield III, MD
Top Performance in Players with Reactive Airway Disease  Nicolette Myers, MD

16:25  SESSION 7: ON-FIELD MANAGEMENT
Being Prepared  Patrick McKenzie, MD; Margot Putukian, MD;
Katie Breedlove, ATC; UMN ATC
Worst Thing I’ve Seen Panel  Joel Boyd, MD; Matthew Matava, MD; Robert Anderson, MD;
Patrick McKenzie, MD

17:15  Social Reception

REGISTRATION
Register and pay online at tria.com/institute.
For questions, call 952-806-5603 or email institute@tria.com.
KEYNOTE SPEAKER: John Wood, Senior VP of Mortenson Construction

John joined Mortenson as a project manager in 1977 and currently serves as Senior Vice President. He provides executive leadership to Mortenson's National Projects Group, and Headquarters Estimating Team. He is a member of Mortenson's Senior Leadership Team, which provides overall direction and management of Mortenson's business operations. John attended Salford College of Science and Technology in Salford, England and the Royal Institute of Chartered Surveyors – Quantity Surveying.

John is past president of the Design Build Institute of America Upper Midwest Chapter, and has served on the board of the Minneapolis Downtown Council and the Minneapolis Chamber of Commerce. He is also a member of the Marquette University Construction Engineering and Management Industry Advisory Board.

NOTABLE PROJECTS
- Vikings Stadium - Opening 2016 (Minnesota Multi-Purpose Stadium), Minneapolis, MN
- Target Field, Minneapolis, MN
- Sprint Center, Kansas City, MO
- Minneapolis Central Library, Minneapolis, MN
- FedEx Forum, Memphis, TN
- Minneapolis Convention Center and Expansion, Minneapolis, MN
- American Family Insurance Headquarters, Madison, WI

John Wood
Senior Vice President
Mortenson Construction

Pricing
Register by May 8 to receive early registration pricing:
- MD, DO, DC $350
- PT, OT, ATC, RN/LPN $200
COURSE DETAILS

DESCRIPTION
Participants in the TRIA Orthopaedic & Sports Medicine Conference will have the opportunity to hear presentations on current and best practice approaches to sports medicine and orthopaedic surgery. Participants can discuss topics with expert faculty on diagnosing, treating and preventing sports related injuries.

TARGET AUDIENCE
Sports medicine/orthopaedic physicians and surgeons, physical therapists, occupational therapists, athletic trainers, nurses and other health professionals interested in surgical management, including evaluation and post-operative treatment.

LEARNING OBJECTIVES
Upon completion of this educational activity, participants should be able to:
1. Identify evidence based approaches to injury prevention, non-operative, and operative management of football injuries.
2. Diagnose and manage common football injuries.
3. Explain surgical techniques for common injuries sustained while playing football.

SPEAKERS
ROBERT ANDERSON, MD
Ortho Carolina
Carolina Panthers

CHARLES CRUTCHFIELD III, MD
Crutchfield Dermatology

MATTHEW MATAVA, MD
Washington University Orthopedics
St. Louis Rams

ROBERT ROCHE, ATC
Minnesota Vikings

CHRISTOPHER ASHTON, ATC
University of Minnesota

GARY FETZER, MD
TRIA Orthopaedic Center
University of Minnesota

CARLY MATTSON, PT, DPT
TRIA Orthopaedic Center

ROBBY SIKKA, MD
TRIA Orthopaedic Center

JOEL BOYD, MD
TRIA Orthopaedic Center
University of Minnesota

KYLE GERGELY
University of Minnesota

PATRICK MCKENZIE, MD
WI Sports Medicine & Orthopedics
Green Bay Packers

ROBBY SIKKA, MD
TRIA Orthopaedic Center

KATIE BREEDLOVE, ATC
TRIA Orthopaedic Center

JEFFREY HUSBAND, MD
TRIA Orthopaedic Center

NICOLETTE MYERS, MD
Park Nicollet Health Services

KATIE BREEDLOVE, ATC
TRIA Orthopaedic Center

TERRI CHMIELEWSKI, PT, PHD, SCS
TRIA Orthopaedic Center

PETER STILES, MD
TRIA Orthopaedic Center

MATTHEW BUTTERFIELD, MD
TRIA Orthopaedic Center

THOMAS VARECKA, MD
TRIA Orthopaedic Center

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TRIA Orthopaedic Center

MARGOT PUTUKIAN, MD
Princeton University

TERRICH MILEWSKI, PT, PhD, SCS
TRIA Orthopaedic Center

TIMOTHY TYLER, MS, PT, ATC
Nicholas Institute

EDWARD CRAIG, MD, MPH
Hospital for Special Surgery

NICOLETTE MYERS, MD
Park Nicollet Health Services

ROBERT JOHNSON, MD
TRIA Orthopaedic Center
University of Minnesota

KEN PAULY
Benilde-St. Margaret's

JED (JOHN) KUHN, MD
Vanderbilt Orthopaedics

THOMAS VARECKA, MD
TRIA Orthopaedic Center

KATIE BREEDLOVE, ATC
TRIA Orthopaedic Center

MARGOT PUTUKIAN, MD
Princeton University

DIANE TRAN, MD
TRIA Orthopaedic Center

JORDI VEGA, MD
Hospital Quiron Barcelona

KEN PAULY
Benilde-St. Margaret’s

JOHN WOOD
Mortenson Construction

HOTEL ACCOMMODATIONS
Minneapolis/Bloomington Hilton  952-893-9500
Discounted room rate of $99 if reservation is made by May 15, 2015.

SPONSOR A STUDENT
TRIA Orthopaedic Center is starting a scholarship program for the Orthopaedic & Sports Medicine Conference. This year, students interested in attending can apply for a grant to cover the registration fee. Please consider donating to the fund. Your contribution will enable students to participate in the conference who otherwise couldn’t. Contact us at institute@tria.com for more information or to donate.

ACCREDITATION
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Minnesota and TRIA Orthopaedic Center. The University of Minnesota is accredited by the ACCME to provide continuing medical education for physicians. This live activity has been approved for AMA PRA Category 1 Credits™ as well as BOC credit for athletic trainers. Determination of the exact number of credits is pending. Attendees should only claim credit commensurate with the extent of their participation in the activity. Other health care professionals who participate in this CME activity may submit their Statements of Attendance to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.